

RUNNING MAN RECREATION ASSOCIATION

Pool Rules Acknowledgement

LIFEGUARDS ARE AUTHORIZED TO TAKE SUCH ACTIONS AS THEY DEEM NECESSARY TO PROMOTE THE SAFETY AND ENJOYMENT OF THE POOL AND POOL AREA. THIS INCLUDES THE AUTHORITY TO ORDER MEMBERS AND/OR THEIR GUEST(S) OUT OF THE POOL AND/OR OFF THE PREMISES.

- **Membership & Guests:** ONLY RMRA members and their ESCORTED guests may use the pool. Residents of RM who are NOT RMRA members are NOT permitted as guests of any RMRA member. Members will be limited to 5 guests per membership on holidays (Memorial Day, Juneteenth Day, 4th of July & Labor Day), and special events (End-of-the-School-Year party and any late night swim nights). **See entire guest rules and policies online
- **Pool Pass:** Each member, 5 & older, must show their individual pool pass, (a **FULL** picture of each family member's pass on your phone will be acceptable). Members must retrieve their pool pass before exiting the gate.
- **Children under 10:** Children under 10 years of age must be escorted by a parent/ guardian OR a parent-authorized caregiver who is 18 years of age or older AND a member of the RMRA. They are responsible for the direct and vigilant supervision of the child(ren).
- **Lifeguards:** Stay clear of the lifeguard stands. Members and their guests should not engage in any conversation or socializing with the guard(s) while the guard(s) are on the lifeguard stand(s). Try to ask questions during rest periods.
- **Safe Play:** No diving, running, pushing, hitting, dunking, throwing swimmers into the pool, flips or handstands from the sides of the pool, sitting on shoulders, wrestling, towel snapping, or any other unsafe conduct/disturbance as determined by the lifeguards. Street balls like footballs (any size), basketballs (any size), etc. may not be used in the pool, with the exception of Nerf type balls and the pool basketball used ONLY for the pool basketball net. **Toys and their usage are at the discretion of the lifeguard.*
- **Tobacco Products/ Firearms:** No smoking or vaping, (including e-cigarettes). Firearms of any kind are strictly prohibited.
- **Glass/ Metal:** No glass items or sharp metal objects of any kind.
- **Food/ Drinks:** Members may bring their own foods and beverages to the pool area. However, no eating or drinking in the pool OR around the coping stone perimeter of the pool, with the exception of water.
- **Profanity:** This is a family pool/ environment. As such, profanity or other vulgar language and other unsportsmanlike conduct will not be tolerated. *This includes interactions with the lifeguard staff!*
- **Safety Flotation Devices:** Only US Coast Guard approved floatation devices are allowed and are subject to inspection & removal if deemed necessary by lifeguards. No water wings, dolphin tails, mermaid tails, or monofins are allowed. Large flotation devices will be allowed on a case-by-case basis. Due to safety and visibility concerns, lifeguards may prohibit all floats.
- **Pets:** Pets are NOT allowed in the pool or on the pool deck.
- **Swim Test:** Lifeguards may require any child to pass a swim test (1 length of the pool, continuous swim), in order to swim unattended in the deeper areas of the pool (past the rope). Any child unable to pass this swim test must be under the direct and immediate supervision of the responsible adult (meaning the adult must accompany the child in the water AND at arm's length with their child).
- **Baby Pool:** Children over 5 years of age are not permitted in the baby pool. Children using the baby pool must ALWAYS be under the immediate supervision of the responsible adult or parent-authorized adult.
- **Breaks:** At ten minutes before EVERY hour, there is a mandatory break for the lifeguard(s). This is necessary to give staff time to hydrate, cool off, perform maintenance/admin duties, or communicate with their supervisors. These breaks may be extended to 15 min when the heat index exceeds 100F OR both lifeguards are on the stand. Patrons 16 or older are allowed to swim at their own risk during this period.
- **Cleaning:** As members, we ALL have a vested interest in keeping the pool, pool deck, and bathrooms clean and tidy! Thus, it is YOUR responsibility to clean up your and your guest(s)' area before leaving the pool area. Please look after your children and your guest(s), pick up trash, return furniture to its original place, and personal items are taken w/ you.

Entire Pool Rules and Policies Can Be Found in the RMRA Pool Regulations Available On-Line